

**GUIDED HIKE WITH THE MOUNTAIN GUIDES
“CATORES”**

Monday – Sunday

NATURAL HIKE IN THE NATURE PARK PUEZ-ODLE

Monday – Thursday – Friday

**SUNRISE HIKE ON MOUNT RESCIESA WITH BREAKFAST
IN A HUT**

Thursday (until middle of September)

MOUNTAINBIKE TOUR

Monday - Saturday

E-BIKE TOUR

Monday - Saturday

VAL GARDENA E-MTB TOUR E-POWERD BY BOSH

Thursday

WOOD EMOTIONS – THE WOOD ENERGY

Monday

PHOTO WORKSHOP

Wednesday

**MAGIC NIGHTS UNDER THE STARRY SKY ON THE ALPE
DI SIUSI**

Wednesday (August)

EXPLORING ORTISEI

Monday

WOOD CARVING COURSE

Tuesday + Wednesday

YOGA PRACTICE IN THE NATURE

Wednesday

VISIT TO A FARM

Friday

THE OLD MILLS AND ROSE GARDEN OF BULLA

Tuesday

GUIDED TOUR TO THE OLDEST CHURCH OF VAL GARDENA: ST.JACOB'S CHURCH

Saturday

COOKERY COURSE WITH VAL GARDENA'S FARMERS

Tuesday

GEOLOGICAL EXCURSION ON THE GEOTRAIL BULLA "LORENZ KEIM"

Friday (July – August)

INTRODUCTORY LADIN LESSON

Monday (July – August)

SUNSET HIKE

Thursday (from middle of September)

BURNING DOLOMITES

Wednesday – Friday (from middle of September)

KIDS ACTIVE: HARD WORKING BEES AND EXPERT BIKERS

Thursday (12.6-7.9)

KIDS ACTIVE: EXCITING FARM'S LIFE AND WOOD ADVENTURES

Friday (12.6-7.9)